```
I just want to feel safe in my own skin
I just want to be happy again
I just want to feel deep in my own world
but I'm so lonely I don't even want to be with myself anymore
On a different day if I was safe in my own skin
then I wouldn't feel so lost and so frightened
But this is today and I'm lost in my own skin
```

And I'm so lonely I don't even want to be with myself anymore

- I just want to feel safe in my own skin
- I just want to be happy again