It's Alright Kevin (Manhood 2023)

Dexys

Well that's what I was always led to believe anyway
What?
I know, OK, alright
Well this is what I really think

I tried so hard to live a lie
Pretending I was some tough guy
But now I've had enough
I can't livethat way no more, now

Were you feeling always feeling edgy?
Yes
Afraid the mask would slip and they'd see?
I carried so much weight on me

I never truly was myself
Just an amalgam off the shelf
A total acting role then
Yeah, I could have won an Oscar, yes I could
And did you ever get found out?
All the time
Did that compound your sense of doubt?
Totally. It was so hard not being real

Let me tell you how for years I was waking up in fear
Seemed like everything I said, seemed all wrong
What would they think of me, no personality?
A no one from the start

It's alright, it's alright Kevin
You're OK, you've just been missing
You've been running for so long
It can't go on no more
It's alright, it's alright Kevin
Just go slow, and don't be rushing
I don't think that I can stand this pretense anymore

Be true to yourself
Well that's what they said
But no one ever tells you how
What is it you want to say?
I've tried so hard to be a man
And now I don't care if I can
My life has been just one long fight

Let me tell you how how with ease, you can break from your disease
Abandon all old thoughts and start afresh
Embrace some new ideas, and live a life of ease
But first just hear me say

It's alright, it's alright Kevin
You're OK, you've just been missing
You've been running for so long
It can't go on no more
It's alright, it's alright Kevin
Just go slow, and don't be rushing
I don't think that I can stand this loneliness no more

And now, and now, I know. I know
There's nowhere to go. And I'm so glad you're saying it

It's alright, it's alright Kevin
You're OK, you've just been missing
You've been running for so long
It can't go on no more
It's alright, it's alright Kevin
Just go slow, and don't be rushing
I don't think that I can stand this loneliness no more

I thought that, that's the way any life would be
I thought I'm always going to be lonely
No, but you've got to see