

# Shadow Work

## Despised Icon

Find a way out  
Find a way  
Find a way out  
There's a breach

Lost in a sunless place  
Hope has vanished without a trace  
Stare at the looking glass  
Shatter its reflection  
Slow the spread of disease  
Fictional infections  
Lost in a sunless place  
Vanished without a trace

Shadow Work  
Inward, journey inward  
In darkness, demons lurk  
Engage in Shadow Work

Rapture, the quintessential search  
In the abyss, fear and truth are submerged  
Lost in a sunless place  
Vanished without a trace

Shadow Work  
Inward, journey inward  
In darkness, demons lurk  
Deep in the shadows

Find a way out  
Find a way  
Find a way out

Face the conflict deep within me  
Conflict within  
Trapped in the purgatory  
Dug my own grave and discovered the root of my ills  
Eternal sleep  
Stay awake, redemption is slipping away  
Conflict within  
Conflict within

Inward, journey inward  
Shadow Work

An open dialogue with my inner child  
Tales of trauma  
Old wounds have begun to bleed  
A feeling so ethereal  
I can finally heal  
Stare at the looking glass  
Shatter its reflection