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It's like going outside
Getting my feet in the grass
It's like walking right out to face my fear
Like a kick in the ass
It's like holding my breath
Getting pushed to the edge
It's like finding the dream that's eluding me
Like you in my bed
Change up the words and you change the verse
Drop the hammer & nails and there is no curse
Rewrite the pain or you're in for something worse
I need a state change
I need a fire range
I need a safe haven
So I can renew my mind
It's like sobering up
Pulling my ribs apart
It's like risking it all just to be with you
Targets on my heart
Focus on the feels and you change the course
Turn the feedback up when you can see the source
Order it up and every bit of this could be yours
I need a state change
I need a fire range
I need a safe haven
So I can renew my mind
I need a state change
I need a fresh face
Oh, it's a new day
High time I renew my mind
Cancel all my reservations, I'm playing this by ear
On a higher frequency so everyone can hear
I'm bringing everything with me that doesn't weigh me down
Finally someone's listening
Oh, can you hear the sound
Can you hear the sound
Oh a state change
I need a state change
I need a fire range
I need a safe haven
So I can renew my mind
I need a state change
I need a fresh face
Oh, it's a new day
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High time I renew my mind