Alone again in the darkness of the life that I call home So long that I don't know what else that there just might be And the mirror is not like it used to be Showing every unreachable destiny But instead it's reflecting the misery Of a man full of fear that lives within me

Why do I feel like I'm down in a hole looking up again Down in a hole I thought I'd never be again Why do I feel like I'm down in a hole looking up again Down in a hole and if no one sees my wave It might just be my grave

The days grow long with the burning of the sun across my face And I can't place this dysfunctional feeling that I have inside of me

There was no one ever stopped me from falling down While this casket lies waiting within the ground All the questions are still just mysteries While the hole gets deeper here within me

Why do I feel like I'm down in a hole looking up again Down in a hole I thought I'd never be again Why do I feel like I'm down in a hole looking up again Down in a hole and if no one sees my wave It might just be my grave

And the lonely cold uncertainty is near Within my mind I know the worst has just begun There's a heartless numbing killing me down here That won't let go of my life to set me free

Why do I feel like I'm down in a hole looking up again Down in a hole I thought I'd never be again Why do I feel like I'm down in a hole looking up again Down in a hole and if no one sees my wave It might just be my grave

Why does life feel like this endless hole
That's big enough to bend my dreams and to lose my soul
And why though I scream out doesn't anybody know
I'm down in a hole and if no one sees my wave
It might just be my grave