

# Paralyzed

Delta Goodrem

Doctor paused this life  
He told me, "You won't fly."  
Canceled everything  
"You need some time to heal  
And it may take a year  
Reset the clocks again."

Is this the way life goes?

Everyone is singing their love songs  
Now can't seem to find my own tune  
I've been on the inside for so long  
If they knew the truth

All of my plans have been silenced over night  
All that I know is paralyzed

To learn to speak again  
Amongst the frustration  
How do I begin?  
See, I will find my voice  
Rebirth's the only choice  
Will someone lend me a little patience?

It's just the way life goes

Everyone is singing their love songs  
And I can't seem to find my own tune  
I've been on the inside for so long  
If they knew the truth

All of my plans have been silenced over night  
All that I know is paralyzed  
Is paralyzed

Is this the way that life goes?  
It's just the way that life goes

A little time  
A little hope  
With a little light you'll never know  
For a little space  
For a lot of love  
Close your eyes and think of  
Better time, big dreams  
Open your mind for you to find  
A little strength inside  
Stop and rewind  
Just stop and rewind  
Stop and rewind  
With a little strength inside  
Stop and rewind

Everyone is singing this love song  
Now feel like I found my own tune  
I was on the inside for so long  
Now they know the truth

See, all of my plans, they were silenced over night  
All that I know was paralyzed

(Everyone is singing this love song)  
(Now feel like I found my own tune)  
Was paralyzed  
(I've been on the inside for so long)  
(If they knew the truth)

With a little time  
With a little hope  
With a little light you'll never know  
With a little strength inside  
Stop and rewind