

# Shatter

## Defences

Blood rushes to my head, I feel it rising now  
How should I live my life? No doubt you'll tell me now  
The pattern never ends, the source is where I stand  
Can't reap the seeds unsown, we're slaves to running sands

I lend my hand, you're falling  
You turn your head, I'm on my knees  
Can't face the fear of starting over

Are you doing this for the right reasons?  
Do you even know what's right or wrong?  
I'm reaching out into the smoke, yeah  
It shouldn't be this hard to see at all

No more questioning my worth  
For this revelation I will burn  
I'd give anything  
Just to come back down to earth

I lend my hand, you're falling  
You turn your head, I'm on my knees  
Can't face the fear of starting over

Are you doing this for the right reasons?  
Do you even know what's right or wrong?  
I'm reaching out into the smoke  
It shouldn't be this hard  
So tell me who you are now  
My vision of you is just a blur  
I'm reaching out into the smoke, yeah  
It shouldn't be this, shouldn't be this hard to see at all

The thoughts that keep you awake  
Unsure if you'll bend or break  
And all the things that you say, I burn for it  
The thoughts that keep you awake  
Unsure if you'll bend or break  
And all the things that you say, I burn  
I burn for it, I burn for it  
The thoughts that keep you awake  
Unsure if you'll bend or break  
And all the things that you say, I burn again  
Again  
Again  
Again  
Again  
The thoughts that keep you awake  
Unsure if you'll bend or break  
And all the things that you say, I burn again

Are you doing this for the right reasons?  
Do you even know what's right or wrong?  
I'm reaching out into the smoke  
It shouldn't be this hard (Shouldn't be this hard)  
So tell me who you are now (Tell me who you are now)  
My vision of you is just a blur  
I'm reaching out into the smoke, yeah

It shouldn't be this, shouldn't be this hard