

Scared

Defences

Someone tell me please, are we supposed to live this way?
Unwilling and afraid to seek these cherished treasures
They'd set us free, oh so easily

It lives in us all, entwined in the threads of our veins
The fear, the confusion, the pain
Provoking us to give up, until all hope is destroyed
But this isn't the end, we all have a choice

Our defining moments are when we decide
To cower or jump and pray for flight
Fingertips weaving through sunset skies
Are you feeling scared or are you just feeling alive?

Feeling alive

(Feel-feel-feeling alive)
(Feeling alive)

We get caught in a never-ending cycle of doubt
It'll pull you in and push you back out
Is there a way for us to move on?
How can we learn to overcome?

These obstacles in our minds
Preventing eager hearts from feeling alive
We live for the spark but fear the flames
Caution triumphs and instead the matches get thrown away

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Are you feeling scared or are you just feeling alive?

Are you feeling scared or are you feeling alive?

I won't let the fear back in, I will feel alive again

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(Feel-feel-feeling alive)
(Feeling alive)