

Perish

Defences

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I tried to hide
But I have to face it (Face it)
Confront, accept
And in time embrace it
Pick it up and get right in
Now tell me where do I begin? (Where do I begin?)
There's so much to uncover here
And I can't keep ignoring

Silhouettes in my dreams again but I
Think I know who you are

Something so familiar about the figure that's staring back at you
A new dimension, feel the tension
But keep it out of view
What if you grabbed its horns?
Stared down into its core?
Would it be the key to truly knowing who you are?

Always a part of me
With me wherever I go
Can't isolate, can't leave
So why not get to know?
I'm thinking it's time I made friends with my shadow
We're doing the work
Feel the hurt or we will all perish

Listen up, take it slow
Yeah sometimes I lose it
Like day into night
It ebbs and flows
Pick it up and pull me in
It's time to lift the veil again (Lift the veil again)
Can I get a connection to her inner reflection

What does it mean?
What does it make me?
Who am I now?
Who am I really?
Why does my mind?
Think the way it does?
Who was I then?
And who have I become?

Always a part of me
With me wherever I go
Can't isolate, can't leave
So why not get to know?
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We're doing the work
Feel the hurt or we will all perish

Light a match and
Let the shadow work begin
Inner sanctum

Where it's time for me to let you in
Light a match and let the shadow work begin
Inner sanctum
Think it's time for you to let me in

Always a part of me
With me wherever I go
Can't isolate, can't leave
So why not get to know?
I'm thinking it's time I made friends with my shadow
We're doing the work
Feel the hurt or we will all