

Losing Time

Defences

Do you know of the power, the light within us all?
I can see it shining bright
And I see them tremble
At the thought that we could reach our full potential
And they'd lose control

It's no good sitting on the sidelines
The clock is ticking by and we are losing time
When strength is lying hidden on the inside

I've been looking every which way
But I'm not seeing a change
I'm not really seeing anything changing
I've been looking in every direction
Can someone please give me a new perspective

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When strength is lying hidden on the inside

We are told what to believe
These things we know but cannot see
Like shadow ghosts they creep
Silently defining who they think that we should be
Don't sleep, open your eyes and find the light
We are told what to believe
These things we know but cannot see

We can't sit and wait and let life go by
So stand up and fight 'cause we are losing time

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