

Rest easy  
Know you're not alone here  
Hard to conceive  
When our fragility is laid bare  
And time will heal  
They keep telling me that time will heal

The space you left feels so heavy  
And we're all up in our heads, we're all up in it  
It's like we're carrying all the pain of the many  
When you're all up in your head, you're all up in it

Their silence lies deep inside like a quiet ache  
A quiet ache  
Thoughts race around your mind  
With nowhere to escape  
And time will heal  
I can tell you that with time you'll heal

The space you left feels so heavy  
And we're all up in our heads, we're all up in it  
It's like we're carrying all the pain of the many  
When you're all up in your head, you're all up in it  
The space you left feels so heavy  
And we're all up in our heads, we're all up in it  
Won't ever be the same but darling, I swear that it will get better to carry  
When you're all up in your head, you're all up in it