Grip the bars that hold my mind
And pace the cell that's stuck in time
Immune to change and far from love
I curse this world and God above

Life is a cage when you're framed and confined Sentence of pain 25 to life I breathe in the sky as I recall the past And realize these are my last

Need to kill this painful lie Look over shoulder with my hand on knife I can't keep living my life this way I'll do my time but I won't behave

Life is a cage when you're framed and confined Sentence of pain 25 to life I breathe in the sky as I recall the past And realize these are my last

The road to hell is paved with good intent Pass barbed wire and cyclone fence Destiny lies far from this place A cemetery plot my final resting place

Got to break this soulless cage
Return my life to human shape
A hell on earth is what they say
Kill or be killed same shit different day

Life is a cage when you're framed and confined Sentence of pain 25 to life I breathe in the sky as I recall the past And realize these are my last I breathe in the sky as I recall the past And realize these are my last

5 steps of freedom 5 steps of freedom 5 steps of freedom 5 steps 5 steps 5 steps 5