50 In The Clip

Check this out! Alright it's going down like this right here You push you pay, nahmsayin, everything counts, the trips you pay double Keep your back straight and count them out loud

C'mon C'mon 50 in the Clip, get big; get big 50 in the Clip, get big; get big 50 in the Clip, get big; get big 0n the palms, on the fingertips, on the wrists, on the fists 50 in the Clip, get big; get big 50 in the Clip, get big; get big 50 in the Clip, get rip; get big 0n the palms, on the fingertips, on the wood, on the brick

Jump and roll doing kicks, basic drills with the sticks 50 push-ups in the clip, on the fists on the brick Getting swoll on the block, lifting weights at the gym Take the kids to the park do some techniques with them Throw that hook, work that cross, stick and move, tap that jaw Tiger claw, Lion paw, Iron palm can't be soft Life is hard on the block, put your heart on the spot You gon' ride or you're not, bomb first get the drop

Pay me, that's head crack boy That fever ain't got nuthin on that And stay away from the corners Tracing burners, you heard me

Getting big wit the clique, keep it tight like a fist Everybody hit the deck nigga four, five, six Add it up, hit the block, no shirt, tatted up Skinny niggaz getting cut, since it's two get them knees up Ain't no girl push-ups, RBG's fifty-fifty Let me see what you got Nigga don't just watch me, do 'em with me You can do it, you look rev'd from your gut not your chest Push 'em out, make them count go all out, count them out nigga

4,5,6 look at that boy, go together just like Red, Black and Green boy You looking at Fred, Huey and George right there Word up, time to pay up, put your muscle where your mouth is Get big, count them out

50,49,48,47 Get big 46,45,44,43 Get big 42,41,40,39 Push 'em out 38 Get big 37 Get big 36 Get big 34,33,32,31 Get big 30,29,28,27 Get big 26,25,24,23 Push 'em out 22 Get big 21 Get big 20 Get big

dead prez

19 Get big
18,17,16,15 Get big
14,13,12,11 Get big
10,9,8,7 Push 'em out
6 Get big
5 Get big
4 Get big
3 Get big...2...1
All day it's in the mind