I've been questioning myself the wrong way
My insecurity made me wanna feel pain
I'd put a knife to my wrist and a part of my story is
Used to swallow them pills tried to ease the pain
In the fact the truth is, I did again and again.

Hold on, hold on let me take the pain away
Hold on, hold on there's no need to feel afraid
Cause I'm here now I'll protect you Tell me what's wrong,
What did they do to you? to you, to you, to you.
What did they do to you? to you, to you, to you.

Been approaching my inner self the wrong way
My self esteem was so low I only felt hate
My own worst enemy, but part of my story is
Two years of battling I'm feeling better than ever
I'll stay like this forever.

Hold on, hold on let me take the pain away
Hold on, hold on there's no need to feel afraid
Cause I'm here now I'll protect you Tell me what's wrong,
What did they do to you? to you, to you, to you
What did they do to you? to you, to you, to you.

Fear not, I'll never leave your side (Until the end I'll be her e)

Take my word for it, it's the truth

Come here It's ok, it's alright (It's ok, it's alright)

Let me hold you close.

Hold on, hold on let me take the pain away
Hold on, hold on there's no need to feel afraid
Cause I'm here now I'll protect you Tell me what's wrong,
What did they do to you? to you, to you, to you
What did they do to you? to you, to you, to you.