I try to be an optimist
But my glass is always bone dry
So, I gotta fill it up or get high to get by
To just try to tiptoe the tightrope
This pessimism's a disease
With depression and apathy sets in
A complete lack of all motivation
To reach any goal dig deeper the hole
We've dug with distraction and give in to a vice

When it's hard to wake up
Hard to function
Hard to cope
Without a six pack a bag of weed
Or a bump of coke
We've lost autonomy
And depleted all our dopamine
Now the world does seem a dreary place
Devoid of any hope without a vice

We poison ourselves and don't think twice About the consequence when the crutches feel so nice When we put band aids on our bullet wounds we Subtract good add vice

When we decide to stop
Can't go cold turkey
Cause you're left with a brain all out of wack
Though it can be a quick hazy
Saunter down to rock bottom
It's a long road back
There ain't no seatbelts on this wagon
With every speed bump we're launched back
To square one where we tell ourselves

That we'll do better tomorrow

We tell ourselves, promise ourselves that we'll do better tomorrow

(I'm not sure that I'll be any better tomorrow)

We tell ourselves, lie to ourselves that we'll do better tomorrow

(I'm not sure that I'll be any stronger tomorrow)

We tell ourselves, promise ourselves that we'll do better tomorrow

(I'm not sure that I wanna wake up tomorrow)

Sooner those tomorrows cease to come

When you live anchored to a vice

We poison ourselves and don't think twice About the consequence when the crutches feel so nice When we put band aids on our bullet wounds we Subtract good add vice

We tell ourselves, promise ourselves
We tell ourselves, promise ourselves that we'll do better
(Promise ourselves)
We tell ourselves, promise ourselves that we'll do better tomorrow
Sooner those tomorrows cease to come
When you live anchored to a vice

We poison ourselves and don't think twice
About the consequence when the crutches feel so nice
When we put band aids on our bullet wounds we
Subtract good add, subtract good add, subtract good add vice