

# Muscle Memory

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Not for the first time  
Blood on the gym floor  
Arcs like a rainbow round  
Not so appalling  
To wring my own neck  
Names on the gauze; absent

Play along  
'Cause I know the chords, muscle memory  
Play along  
'Cause I know the chords, muscle memory

Wisdom  
Is clumsy  
Enlightened  
By stereo evangelists listen  
To decode  
So badly  
The meanings in allegory  
Take what seems to get you down  
And follow misinterpretations

Play along  
'Cause I know the chords, muscle memory  
Play along  
'Cause I know the chords, muscle memory

Gracious  
But casual  
Hang on  
To every word transmitted from playlists  
And albums  
Just knowing  
The fawning is just secondary  
Left inhibitions at the door  
Regrets are met with open arms

Play along  
'Cause I know the chords  
Play along  
Muscle memory

You'd like me better if I liked you less

Clumsy  
And awkward  
In public  
You spill around in stationary motion  
Seasick  
From speaking  
The morals of your influence  
Limbs cast fondly to the sea  
Remember who you used to be?

Play along  
'Cause I know the chords, muscle memory  
Play along

'Cause I know the chords, muscle memory