Birds flyin' high, you know how I feel
Sun in the sky, you know how I feel
Breeze driftin' on by, you know how I feel
It's a new dawn, it's a new day, it's a new life for me
Yeah, it's a new dawn, it's a new day, it's a new life for me,
ooooohoo
And I'm feelin' good

Fish in the sea, you know how I feel
River runnin' free, you know how I feel
Blossom on the tree, you know how I feel
It's a new dawn, it's a new day, it's a new life for me
And I'm feelin' good

Dragonfly out in the sun, you know what I mean, don't you know Butterflies all havin' fun, you know what I mean Sleep in peace when day is done: that's what I mean And this old world is a new world and a bold world for me, for me

Stars when you shine, you know how I feel
Scent of the pine, you know how I feel
Oh, freedom is mine, and I know how I feel
It's a new dawn, it's a new day, it's a new life for me

And I'm feelin'... good
And I'm feelin' good
I'm feelin' good
I feel good