That's the sound, that's the sound
That's the sound of the waves
Rolling in, rolling in
Covers you, covers me
That's the sun, that's the sun
That's the sun and the moon
That's the sun, that's the sun
And it's setting for you

There is only now
There is only this moment in time
This is all we have
There is only this moment in time
This moment in time

This is life, this is life
This is life, this is death
This is North, this is south
Here is east and this is the west
This is love, this is love
This is love, this is hate
This is God, this is not
But this is great

There is only now
There is only this instant in time
This is all we have
There is only this
There is only now
There is only this fleeting moment in time
Meet me in the here and now
'Cause there is only this

There is only now
There is only this moment in time
There is only now
There is only this moment in time
This moment in time