

How The Hurtin' Goes

Curtis Grimes

You wake up everyday thinking 'bout the way she left
Your mind rewinds to the goodbye that she said
This pain you're feelin' ain't gonna last forever
There ain't a break in a heart so big and it can get better

It takes time but not the time you're wasting a bottle
It takes good old friends to help you down the road
You gotta leave the past to get where you're going
Pull yourself together 'cause that's how the hurtin' goes

You wonder how she's been, you wanna call her friends, but you don't
You think you'll be strong to hear she's moved on, but you won't
Sometimes 'meant to be' ain't really meant to be
I know it's hard to hear it, but take it from me

It takes time but not the time you're wasting a bottle
It takes good old friends to help you down the road
You gotta leave the past to get where you're going
Pull yourself together 'cause that's how the hurtin' goes

So hold on, you're not alone
For too long, that hurt will be gone
That hurt will be gone

It just takes time but not the time you're wasting a bottle
It takes good old friends to help you down the road
You gotta leave the past to get where you're going
Pull yourself together 'cause that's how the hurtin' goes
That's how the hurtin' goes
Take it from someone who knows
That's how the hurtin' goes