Hey chuh! Stop the begging, man! Yuh mek it look bad upon the whole a we. You ever see dog pon the street? And talk about fatha fatha. Then all dog a your father too. Get up and do something for yourself Rise up and do something for yourself Rise up and do something good for yourself Instead of your begging! Do something progressive for yourself One thing I can't understand How did the guinea chicken so broad? Get up and do something for yourselves Look at the children, they are in school Trying to work hard and further education Look at granny down a Coronation Market I can't believe that young strong man Stand up on street and stretch out them hand Get up and do something for yourselves (You can't beat a bush) Can't you be a mechanic? Can't you teach yourself to paint a house? Can't you make a Dutch pot? Yahba pot! Can't you make a pair of shoes? Can't you do something with the tailor? I can't understand Everyday you have fi nyam And you nuh want to work at all (Jah know) A lazy man eat more than a working man (Him belly bigger) For him more time to eat the food While I have to be in the field See if I can make tomorrow's meal The building haffe reach the sky Them seem to a next skyscraper now Get up and do something for yourselves Rise up and work! Rise up and do something for yourselves Roast two dumpling, it's for yourselves This is what I can't understand: Women having children for lazy man I wonder how the pickney them ago nyam Those children need some education They've got no mental disability Lawyers, doctors, teachers of tomorrow There won't be no sorrow That's all the hope that we have got (So you know what, brother? Mind them) Get up and do something for yourselves Sell two callaloo, star Get up and do something for yourselves Even two ripe banana Granny she can wait so long Yet you want to be a jiffy man Get up and do something for yourselves Meet me with a nana nap. Get up and do something for yourselves You just a pray for John Brown fi dead Why didn't you pray a good prayer for survival? Everything you see a street yuh want

Everything a street, yuh say you need