

I'm tryna figure out
What all these recurring themes mean
Why when I try and bring you up
It brings up something in me
I'm tryna figure out
I'm tryna figure out what
I'm tryna figure out what (Do you even see me?)
I'm tryna figure out
I'm tryna figure out what
I'm tryna figure out
I'm tryna figure out what that darkness means when it's in your eyes (I'm tr
yna figure out)
I don't wanna be dramatic but it's like one look (One look, one look)
One look and I could die
'Cause I am like a sponge
I soak it all up
I am like a fire
Burn the basement to the top
I am rising up from the ashes
But something in my mind brings me back into the ashes

So I'm raising myself up now
I'm living in my own god power
I'm moving like a tidal wave
I am on a mission to save

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I know it's not your fault
But it feels like an attack
These demons love to body jump
They catch me when I'm tired
They catch me when I've tried everything I know to try
Do you believe me that I'm trying?

So many years spent longing for approval from these men
The thoughts that I was never man enough to be respected
Open up the gates, they're flooding back in
So many nights spent crying, trying
Holding my hands together, finish with an amen
Like, dear God sorry that I'm me
Someone I don't wanna be
So I'm lying here crying
Begging you to change me

But I'm done with that now
I'm done, I'm out, I'm out, I'm out
I'm never coming back
My mum seems kind of sad
Scared that I'll end up in hell
Don't you see that's where I've been?
Don't you see that's where we fell?

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[illegible]