

## Spirals

Crywolf

And I'm spinning 'round in circles  
I know you know I'm trapped inside my mind  
Tumbling through these dark folds  
You touch me, but never hold me

I just wanna feel like I am something more  
Than just the one who makes you clean

Oh, every night I dream you know me  
Oh, every night I dream you know me  
Oh, every night I dream you know me

Another spiral  
Please, let me go  
I can't contain the violence in this home

And when you use me  
Do you feel my soul?  
This heart that aches and longs for so much more