Walking down that alley Deep inside your soul Feeling like a lonesome rat Trapped in a dirty hole

So stand up - again Raise your fist Get out of the mist

Don't give in to pain
That cuts you like a knife
Leave the past behind
Get back into life
Come back - for good
Come back - for good

The burdens that you had to bear Were a heavy load Break the chains and free your mind Life is an open road

So stand up - again Raise your fist Get out of the mist

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