I saw a lady on the train that couldn't stand
And when I asked her what was wrong she simply said
"I'm holding on for dear life, you don't understand, this is al
1 I know"

We all feel what we feel
We don't understand it
Despite how we planned this
And I can't change that we've grown apart
This weight on my heart
Pulling down to my feet

And I'm scared of what I know
The very thought of being alone

You don't need me like I once needed you It's hard to love me, the more you've come to know And you don't need me like I once needed you And I'll keep trying but don't you get your hopes up For what I might choose

We all feel what we feel
We don't understand it
Despite how we planned this
And I can't change that we've grown apart
This weight on my heart
Pulling down to my feet

We struggle day to day but soon we learn to cope And I didn't see you half as much as I had hoped

And you don't need me like I once needed you It's hard to love me the more you've come to know And you don't need me like I once needed you And I'll keep trying but don't you get your hopes up For what I might choose

We all feel what we feel
We don't understand it
Despite how we planned this
And I can't change that we've grown apart
This weight on my heart
Pulling down to my feet