Hey, Mrs Crooked Spine, walking ominously Swinging right leg after left
You're drinking bottle after bottle
Of uncertainty it seems
But you've had metal rods put in your back
So show them what that means
Yeah, your ex-lover owes you money
And I don't think he's coming through

'Cause he's a scumbag alcoholic Lost his way at twenty-two He's a spineless ordinary Without a single rod To hold his back up straight

Stop acting like you don't deserve happiness

I saw you trapped inside a cave
As I was resting on a hill
Hans was in there with you too
The water rising for the kill
I tried to pull you out but couldn't get you
Through that two foot gap
I walked away and paced in panic
I wasn't sure of what to do
The dead moss resting by an isolated
Boulder was a clue

Sometimes there's no way out
Sometimes you drown your loved ones there to watch

Stop feeling like you were never important to me

Strong spine Sammy Jane
You're lighting your whole world on fire
Beat up and bruised like you used to be
S-shaped vertebrae
You got stories to tell the world
Don't be so scared to tell them
What you've been through

I'm sure you're fed up with the distance
As much as me and if not more
But we don't show that much resistance
Never settled up the score
Maybe we're cold and somewhat callous
From all the bullshit we've endured
Like growing up around addiction
That leaves you screaming at the walls
As we deliberate between letting it ring
And picking up the calls
To a slurred out conversation
Filled with shame and brutal self-deprecation

Stop talking like you don't deserve anything

Strong spine Sammy Jane

You're lighting your whole world on fire Beat up and bruised like you used to be S-shaped vertebrae
You got stories to tell the world
Don't be so scared to tell them
What you've been through

I know I wasn't good to you
When we were growing up
And I blame myself for doing damage
To your confidence
I wish I could take it back
Despite how much we've overcome
I was such an angry child
But that's no excuse to lean on

You worried endlessly for days
About the scar upon your back
I said that scar was something special
No matter how some kids react
You have spinal reinforcement
So you get out there and you show them
What that means