

Heart And Mind

Courtney Marie Andrews

Dear mother, how does it feel?
To know your daughter roams this world alone
Without the comfort of knowing her body is her own
Sweet mother, what will you say
When your daughter gets all dressed up?
Will you worry that some stranger will be entitled to her love?

When you're weary and feel your light does not shine
Know you're more than a body
You're of heart and of mind

Dear brother, what would you do?
If you knew your sister was made to feel ashamed?
For resisting and insisting "no" to another man's games

When you're weary and feel your light does not shine
Know you're more than a body
You're of heart and of mind

Dear sister, my tears are for you
I know this life can be so cruel and unkind
But when you're feeling weak
Know your power is in your heart and your mind

When you're weary and feel your light does not shine
Know you're more than a body
You're of heart and of mind
Know you're more than a body
You're of heart and of mind