I used to bite my tongue and hold my breath Scared to rock the boat and make a mess So I sit quietly, agree politely I guess that I forgot I had a choice I let you push me past the breaking point I stood for nothing, so I fell for everything

You held me down, but I got up
Already brushing off the dust
You hear my voice, you hear that sound
Like thunder gonna shake the ground
You held me down, but I got up
Get ready 'cause I've had enough
I see it all, I see it now

Now I'm floating like a butterfly
Stinging like a bee I earned my stripes
I went from zero, to my own hero
You held me down, but I got up
Already brushing off the dust
You hear my voice, you hear that sound
Like thunder gonna shake the ground
You held me down, but I got up
Get ready 'cause I've had enough
I see it all, I see it now

Ro-oar, ro-oar, ro-oar, ro-oar

You're gonna hear me roar Oh You're gonna hear me roar