

No matter where you are I'm there
Stifling each waking breath
Every step, within my shadow
A servility unwavering

Fear, dread, all I've wrought
Carved out of your every thought
Oppress, shame, submission sustains
We will rot
Fear. Guilt. Shame. Always
Fear. Guilt. Shame. Always

I will consume you
I will become you
We will regress
We are regret

"Second after punishing second
Your disdain lingers
I would break myself to be rid of you
For a glimpse of reprieve
Everything that you are is me
You aren't to blame
No one is at fault
This is me"

Plead. Beg. Ache
We are as one in torment
Plead. Beg. Ache
A wound that weeps eternal

I'll push deep the splinters of ego
Draw a well to drown in our shame
Fear as our blade, guilt as the 'stone
A wound that weeps eternal

I have consumed you
I have become you
We have regressed
Live in regret, Perish
Fear. Guilt. Shame. Always