How did I end up so far away?
I must have lost myself last night
And I fear that I may never change
I'll never change, no
Give me shelter, give me light

Follow me down, follow me down
Don't let me, don't let me, don't let me drown
Follow me down, follow me down
Don't let me, don't let me go it alone now
'Cause I know that I need your help
(Follow me down)
I can't do this all myself
(Follow me down)

What's the point if I keep losing control? I'm as dark as night can get
Come and find me if I'm laying low
Don't let me go, no
You've gotta catch me before I break

Follow me down, follow me down
Don't let me, don't let me, don't let me drown
Follow me down, follow me down
Don't let me, don't let me go it alone now
'Cause I know that I need your help
(Follow me down)
I can't do this all myself
(Follow me down)

Hold us tight
I've been under shadow
Hold me through
This endless battle
I don't care
just be honest
I'd rather have life to give
Than only my life to live
I'd rather have life to give
Than only my life to live
I'd rather have life to give

Follow me down, follow me down
Don't let me, don't let me, don't let me drown
Follow me down, follow me down
Don't let me, don't let me go it alone now
'Cause I know that I need your help
(Follow me down)
I can't do this all myself
(Follow me down)
I feel lost and I need someone else
(Follow me down)