

There's so much tension you hold  
I call it jaded  
But there's a push to unfold  
Don't barricade it

Tell me how you feel  
Tell me how you feel  
Tell me how you feel  
Tell me how you feel

We've got emotional ways  
We overthink it  
I act like this  
You act like shhh  
Don't complicate it

Tell me how you feel  
Tell me how you feel  
Tell me how you feel

Tell me you feel what I'm feeling  
Let me know I'm not alone  
If there's breath in our lungs let's keep breathing  
Cause we've still got a ways to go  
I've got nothing but love for the dreamers  
Nothing but heart for the cold  
This one's not for the overachievers  
But goes out to the wallflower soul

Tell me how you feel  
Tell me how you feel  
Tell me how you feel  
Tell me how you feel

Don't stop it if it feels right

Tell me you feel what I'm feeling  
Let me know I'm not alone  
If there's breath in our lungs let's keep breathing  
Cause we've still got a ways to go  
I've got nothing but love for the dreamers  
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