

# Help Me Help You

coldrain

Silence will kill you in the end  
I don't think you get it  
Life has no worth if you pretend  
Don't you forget that

You gotta say what you wanna say  
When you wanna say it  
Don't give up now make them listen  
Be what you wanna be  
When you wanna be it  
Don't back down  
Don't let them beat you down

All you see is hell  
But we're dammed if do  
More if we don't so help me help you  
No matter how breathless  
No matter how hopeless  
Don't go dying on your own  
Just help me help you  
Straight through hell together

Dancing in the flames  
We share the pain  
Dancing in the flames  
We'll make it rain

We're gonna say what we wanna say  
When we want to say it  
Be what we wanna be  
When we wanna be it  
They'll never beat us down

All you see is hell  
But we're dammed if do  
More if we don't so help me help you  
No matter how breathless  
No matter how hopeless  
Don't go dying on your own  
Just help me help you

Don't you back down to what they say  
Don't you act like you're better off dead  
Don't you give up, don't you give in  
Face the demons inside of your head  
Don't you back down to what they say  
Don't you act like you're better, dying  
Don't you give up, don't you give in  
Face the demons inside of your head

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But we're dammed if do  
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Straight through hell  
Straight through hell