You know a man does have to eat him somethin'

I love candy bars, eat them all the time My combo meal's are super sized And I crave the stuff they put inside those dang ding dongs

My cholesterol is off the chart
I keep a blood pressure cuff on my left arm
Doctor says that, ?My poor heart won't last too long?
My nickname in school was double wide
'Cause my momma fried

Now I weigh 270 somethin' Always huffin' and puffin Lay around the house all day No wonder I can't lose no weight

See that pizza on the TV Oh man' don't it look cheesy You know they deliver here for nothin' That's why I weigh 270 somethin'

My insurance said that they'd Co pay
I made the same appointment Carnie Wilson made
Plastic surgeon said he had a way to get those love handles off
He stapled and sucked stuff through a tube

I lost a hundred pounds in one afternoon
When I came to in the recovery room, wouldn't much left of me
When he removed the bandages from my thighs
I couldn't believe my eyes

Now I weigh 180 somethin'
Didn't have to do much of nothin'
I'm lookin' like Jean Claude Van Dame
To fit in a pair Mark Wills' pants

Now everyone who sees me Can't believe that I'm so skinny My body fat is nearly nothin' Now that I weigh 180 somethin'

Now I date a model with a GED But do you think she'd be with me I wonder if I

Still weighed, 270 somethin' Stuffin' down blueberry muffins Onion rings and cans of SPAM That's how I got so fat

Now everyone who sees me Can't believe that I'm so skinny I used to break a sweat just doin' nothin' Back when I weighed 270 somethin'

Now I weigh 180 somethin'

Well it's probably like more like around 225-26 None of y'all's business how much I weigh