Only you could ever really know
If you were outta your depth
Or outta your mind, or both
I've been watchin' you try to control
The people out of your reach
We're out of your league
And I can see the fear taking hold

Second guessing every word just as it's leaving your mouth I gotta let you know that I'm aware you're slowin me down

Slow progress
When you're around
You're meant to help, oh, fuckin' hell
All you ever do is slow me down

Slow progress When you're around You're meant to help, oh, fuckin' hell All you ever do is slow me down

Now we're here, it's clear my eyes were closed To every fear-based idea you call your own Doesn't leave you here alone

Second guessing every word just as it's leaving your mouth I gotta let you know that I'm aware you're slowin me down

Slow progress When you're around You're meant to help, oh, fuckin' hell All you ever do is slow me down

Slow progress When you're around You're meant to help, oh, fuckin' hell All you ever do is slow me down

Only you could ever really know Slow progress
Only you could ever really know Slow

Only you could ever really know Slow progress
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Only you could ever really know Slow progress
Only you could ever really know Slow