S.O.S.

Clara

I'm in my head too much, don't know why
I never sleep enough, too much on my mind
I know I'm hard dealin' with on bad days but
I'm so fun when I'm in a good place, yeah
I work out, I stress down 'cuz it's good for my health
When my anxiety kicks in I take some time for myself
I do these things 'cuz I know I should
I do these things 'cuz I know it's good for me

I don't know how to love myself, S.O.S
I felt like this since I was twelve, ooh
Tried everything but nothing helps
Wish I could love myself, but I still don't know

I'm in my head too much, don't know why
I never sleep enough, too much on my mind
I know it's just the way that I'm wired, that I swear
It's makin' me so goddamn tired
So many birthdays I missed 'cuz I was feelin' too low
But never I get like this, I won't let anyone know
Pretend they can read my mind
Good thing they don't have a clue (that I)

I don't know how to love myself, S.O.S
I felt like this since I was twelve, ooh
Tried everything but nothing helps
Wish I could love myself, but I still don't know
I don't know how to love myself, S.O.S
I felt like this since I was twelve, ohh
Tried everything but nothing helps
Wish I could love myself, but I still don't know

I still don't know how to love myself
Feelin' like this ain't no good for my health

I don't know how to love myself, S.O.S
I felt like this since I was twelve, ahh
Tried everything but nothing helps
Wish I could love myself, but I still don't know

I don't know how to love myself, S.O.S
I felt like this since I was twelve, ohh
Tried everything but nothing helps
Wish I could love myself, but I still don't know

I still don't know how to love myself
Feelin' like this ain't no good (but I still don't know)
I still don't know how to love myself
Feelin' like this ain't no good (but I still don't know)

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