Clara

Wish I'd take it easy
On myself sometimes
'Cause I'm barely sleeping
I need a break from myself, yeah
My mind is always working
Brain overload
One thing I know for certain
I need a break from myself, yeah

They tell me to relax but I'm all up in my feelings
Still crowded in my head, I need some space
Now I'm in therapy so I can talk about my feelings
My issues still the same so what a waste
Wish I could get rid of all the stress inside my body
Not compare myself to everybody else
'Cause I'm a fucking mess and I'm bursting at the seams
I've tried everything but nothing really helps

I think I might be going crazy
I think I might have lost it lately
I sugarcoat it, trust me baby
I think I might be, I think I might be
I think I might be going crazy
I think I might have lost it lately
I sugarcoat it, trust me baby
I think I might be, I think I might be

These days I feel like
Somebody else
When I look in the mirror
I don't recognize myself, no
My friends, they're worried
I don't call no more
Got so much shit to tell them
I'm so done with being insecure

They tell me to relax but I'm all up in my feelings
Still crowded in my head, I need some space
Now I'm in therapy so I can talk about my feelings
My issues still the same so what a waste
Wish I could get rid of all the stress inside my body
Not compare myself to everybody else
'Cause I'm a fucking mess and I'm bursting at the seams
I've tried everything but nothing really helps

I think I might be going crazy
I think I might have lost it lately
I sugarcoat it, trust me baby
I think I might be, I think I might be
I think I might be going crazy
I think I might have lost it lately
I sugarcoat it, trust me baby
I think I might be, I think I might be

All these voices in my head bringing me down
I should put them to rest but they're so loud
I think I'm going insane, yeah there's no doubt

But they don't know, they don't know
I'm on the edge but I won't let it break me
I'm so tired, oh my knees, they shaking
I'm really fightin' 'cause this can't be healthy
They don't know, they don't know

I think I might be going crazy
I think I might have lost it lately
I sugarcoat it, trust me baby
I think I might be, I think I might be
I think I might be going crazy
I think I might have lost it lately
I sugarcoat it, trust me baby
I think I might be, I think I might be