

I'm in my head again  
I swear this time I don't did it to myself again  
Never been this low  
I've been locked up in my bedroom five days in a row

Honestly I wish I was feeling better  
Someone tell me I won't stay like this forever  
I take one step forward and two steps back  
It makes me really tired  
But it's just how I'm wired

'Cause every time I'm hurt then I give in to the pain  
It feels too much like home these days I know it sounds insane  
When other peoples laughing I get low-key mad  
'Cause I get kinda jealous I'm the only one that's sad  
I swear, dear god, I'm working on myself, I'll be right back

Be right back  
Be right back  
I'll be right back  
Be right back

Honestly I wish I was feeling better  
Someone tell me I won't stay like this forever  
I know I shouldn't sleep at 3pm  
But these days I'm chronically tired  
That's just how I'm wired

Long way to go  
I've tried to accept there's some things I just can't control  
Don't wanna tell my mom  
'Cause it makes her worry I'm on some pills, that makes me numb

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It feels too much like home these days I know it sounds insane  
When other peoples laughing I get low-key mad  
'Cause I get kinda jealous I'm the only one that's sad  
I swear, dear god, I'm working on myself, I'll be right back

I'll be right back to where I started  
I'll be on the way back  
I'll be right back to where I started  
I'll be on the way back  
I'll be right back to where I started  
I'll be on the way back  
I'll be right back to where I started