

Do you know what you are eating?  
Oh! fill me up with food  
The stomach's ringing hunger bells  
Sometimes anything will do  
Beware the wind that coke can bring  
It dries the parts it reaches  
Cultural deserts carry the can  
Coke adds life then bleeds it  
Eat it!  
Be watching out for indigestion  
Long time since you touched a cow  
Farming forms to fit consumption  
That pain is what you eat, not how  
Do you know what you are breathing?  
Oh! fill me up with air  
The lungs are wringing out the smells  
For something fresh to wear  
Cars that fume in queues for more petrol  
To get to somewhere else to breath  
Air conditioning through acceptance  
Extra for the weathermen to read  
Breath it!  
As air gains the status of grades  
Quality recedes as any of it gets praised  
Will they put it in bottles like they did with the rain?  
"OxyGenerico" in profit again and again and again  
What we eat and drink and breathe  
Filters down through industry  
Creates our life expectancy  
Do you know what you are drinking?  
Oh! fill me up with water  
All bar the lungs are in on this one  
Ninety percent and way important  
Tap on the back says "don't use tap"  
Scarcity value or it just tastes crap  
Privatised and purified  
Its raining chemistry outside  
Eat it!  
Drink it!  
Breath it!  
What we eat and drink and breathe  
Creates our life expectancy  
Choking the consumer dies  
Clutching burger, coke and fries  
Clutching burger, coke and fries  
Clutching  
Burger, coke and fries