## Dani: I let their words in I let them get the best of me Lying on the bathroom floor thinking there was nothing left in me And there's a pain that comes when I look up and see that I am alone My own struggle I am drowning in And you should see the nights that I have lived through The scars the screams the fights I let myself lose I am I perfect I am a human I lose direction But still the one thing I can't deny Screaming in my veins Is that life is worth living I've still got a purpose When I can't see the reasons There's still something inside of me saying Kathryn: I can take the pain Bring it on Let it rain It's only gonna make me better in the end I'll take this broken heart I'll pick it up every part It's never too late to restart Christina: And I might fall But that won't change my mind I choose to believe It's worth the fight It's worth the fight I'm worth the fight I won't let this take me down tonight Cause I know this spark inside could turn into a fire And I can make it through tonight Even when it's killing me just to breathe I know I can make it out of here Christina: Make it out of here Lisa: I can take the pain Bring it on Let it rain It's only gonna make me better in the end I'll take this broken heart I'll pick it up every part It's never too late to restart And I might fall

But that won't change my mind

I choose to believe It's worth the fight It's worth the fight I'm worth the fight

## Lauren:

I'll keep my head up
I'll keep my voice strong
When my heart's weak
And the night's long
Even when it feels like there is nothing left in me
I won't let it get the best of me
I'll light a candle
Bow my head and say a prayer
Take a walk
Breathe in the words and say
I'll be okay
I'll be okay

## Kathryn:

I can take the pain
Bring it on
Let it rain
It's only gonna make me better

## Lisa:

I'll take this broken heart
I'll pick it up every part
It's never too late to restart

And I might fall
But that won't change my mind
I choose to believe
It's worth the fight
I'm worth the fight