

## Promiser

Ciaran Lavery

I have read every book that there is to read  
About love and how difficult it can be to keep  
I've pulled my heart out to every song  
Learned the words and sang along  
Memorized the affirmations and each meaningful dedication  
Turned my back on each distraction  
Learned the difference between affection and lust  
Prepared myself the best I can to understand

To know when quiet time is good  
When to make coffee, learn to cook  
I started lifting heavy things so that I can protect you  
But to know when I should, and when it is I do not have to  
When to be vulnerable and let you in  
I've been to therapy and I think I'm making some inroads there  
I do believe that I can follow through and not just be  
A Promiser

I've organized all of my days, responsibility is new to me  
You'll be glad to hear I take to change pretty naturally  
I work hard and I would be so proud of you  
I have capacity to open up my little world, I do not stay out late  
During the week, and I am keen to never treat you like you're weak  
And I have morals that are strong, though saying that they're malleable

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