When they push, when they pull Tell me can you hold on When they say you should change Can you lift your head high and stay strong

Will you give up, give in When your heart's crying out "that is wrong" Will you love you for you at the end of it all

Now in life there's gonna be times
When you're feeling low
And in your mind insecurities seem to take control
We start to look outside ourselves
For acceptance and approval
We keep forgetting that the one thing we should know is

Don't be scared
To fly alone
Find a path that is your own
Love will open every door

See in your hands the world is yours Don't hold back and always know All the answers you will unfold What are you waiting for Spread your wings and soar

The boy who wonders, is he good enough for them
Keep trying to please them all
But he just never seems to fit in
Then there's the girl who thinks she'll never ever be
Good enough for him
He's trying to change and
That's a game she'll never win

In life there will be times when you're feeling low And in your mind insecurities seem to take control We start to look outside ourselves
For acceptance and approval
We keep forgetting that one thing we should know is

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In the mirror is where she comes
Face to face with her fears
Her reflection looked forward on to her
After all these years
However how she's tried to be

Something besides herself Now time has passed and she's ended up Somewhere else with regret

What is it is that makes us feel the need To keep pretending Gotta let ourselves be

Don't be scared
To fly alone
Find a path that is your own
Love will open every door

See in your hands the world is yours Don't hold back and always know All the answers you will unfold Don't wait no more Spread your wings and soar

Find your road
Love will open every door
See in your hands the world is yours
Don't look back in the window, you'll find your way
Always know all the answers will unfold

Oh don't wait
Spread your wings and soar
Don't wait no more
You've got to soar
Spread your wings and soar
Don't wait no more
No don't you wait no more
Spread your wings and soar
You've can soar

So what you waiting for Don't wait, Don't wait Soar