I'm sick of being toxic I don't wanna hurt you, no Nauseous, I hate feeling like this But we both know I deserve to know

I'm secretly praying for the worst
With the best intentions
'Cause I know how bad this is gonna hurt
So I keep my distance

I'll push away soon as you get close
I'll make you hate me, but girl, I told you so, I told you so
So keep your heart 'cause there's no hope

But I guess that's what I get I know I did you wrong, yeah, I know I made a mess Try to forgive and forget For better or for worse, karma's never gonna miss

I'm sick of being toxic (yeah)
I don't wanna hurt you, no
Nauseous, I hate feeling like this
But we both know I deserve to know

I'm fucking sick and tired
Of being sick and tired
I keep on promising to change and I don't wanna be a liar
But I'm sick of being toxic (yeah)
I don't wanna hurt you now

I was never one to kiss and tell But lately, you've been dragging me through hell Angel numbers tatted on your arms Should have seen it from the start, it was automatic

Walked in the room like God sent you As punishment for my sins The way you're tearing my heart right out When loving you's all I did

But I guess that's what I get I know I did you wrong, yeah, I know I made a mess Try to forgive and forget For better or for worse, karma's never gonna miss

I'm sick of being toxic (yeah)
I don't wanna hurt you, no
Nauseous, I hate feeling like this
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I'm fucking sick and tired
Of being sick and tired
I keep on promising to change and I don't wanna be a liar
But I'm so sick of being toxic (yeah)
I don't wanna hurt you now