I'm dangled and twisted
So caught up in your bullshit
I need something strong
To stop that noise and keep me numb
Oh, but why do I miss it?
When whenever we're kissing
I need something strong
To wash that poison of my tongue

We the definition of toxicity, cycle don't stop viciously
Feeling like it's killing me, shit, well, not literally, but
I've lost sanity, every day's a calamity
Got me wondering why I'm drawn to things that'll damage me, I
Can hardly recognize myself when we together
But I'm so caught up in it that I'm convinced it's getting better
Like a shoe that don't fit, like a bike with no chain
So I numb up the pain while she running through my veins with the
(Poison) fucking up my brain with the
(Poison on my tongue)

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We both forgiven a lot but you've been cutting it close
Cleaned the slate so many times I'm 'bout to run outta soap
We can't rewind the past with a fucking remote, so fuck it
Grab my drink and give me something to smoke
Tune it out because I'm sick of this fighting over the little shit
Honestly, I don't even know why I'm playing into it
But I am, though, giving you the ammo
Just so you can shoot it back at me like fucking Rambo
Whatever the pretense, I am on the defense
Fighting and we fucking up both like every weekend
You blame me, I blame you, it's all the same game
So I numb up the pain while she running through my veins with the
(Poison) fucking up my brain with the
(Poison) stuck with the taste of the
(Poison on my tongue)

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(Poison) poison (Poison) poison

(Poison on my tongue)
(Poison) poison
(Poison) poison
(Poison on my tongue)