

I'm a prisoner of my own mind
Can't shake the things that shake me inside
Slowly losing control of my own life
I'm a prisoner of my own mind

Things that used to be so easy
Things I always knew were true
Now I'm sick and guess that everything
Got me feeling so confused

All I can do is trust what I've always known
And let the other stuff go
All I can do is be who I'm meant to be
Don't gotta put on the show
I may be broken and barely pull through but
All I will do is trust what I've always known
And let the other stuff go, let it all go

Put on a smile and walk up the house
Gotta play it cool blending with the crowd
People always asking why I haven't been around
Just put on a smile and walk up the house

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I will trust what I've known where you lead me I'll go
In the mirror I see a different man staring back at me
I will trust what I've known where you lead me I'll go
In the mirror I see a different man staring back at me

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Let it all go