

Don't grip, you're choking  
What life was, trying to  
Lift up the rage from a season of play  
I don't blame my messes on you  
Don't beat this down dead  
Sink to a level that is low, low  
Why not, what else is  
Low, Low  
Why take the conscience  
Low, low  
Why not, what else is  
Low, low  
What not, what else is there  
I climb into  
Recognize I don't have time  
What was said about this man?  
What was said now  
Don't grip your choking  
What life was trying to  
Lift up the rage from a season of play  
I don't blame my messes on you  
Don't beat this down dead  
Sink to a level that is  
Low, low