We all got our problems yeah I know it Yeah I've seen it, and I show it Always livin' life outside the moment So if I call you out, you better own it

I'm right here, thru it all
If I see you fall, I will catch you don't you worry
'Cause I'm here, thru it all

Sometimes I find answers at the bottom of the bottle I don't have to think much, just close my eyes and swallow Might not be the best way to drown out all my sorrows Benders on the weekdays, they make me feel so hollow

Be here, through it all

If you see me fall

Help me get back up and hold me down

Through it all

If you see me fall

Help me off the ground and hold me down

Eh, oh, eh, oh-oh

Eh, oh no

Hold me down, yeah hold me down

Eh, oh, eh, oh-no

Just be here through it all

If you see me fallin'

Help me get back up and hold me down

Through it all

If you see me fallin'

Help me off the ground and pick me up

Hold me down
Hold me down
Pick me up and hold me down
Hold me down
Hold me down