In the middle of the moment the pressure's gonna take you Where nobody care if you'd let everybody hate you Some wanna get out, I was so afraid to Come find a way out, a place to get away to 'Cause you don't understand, this is something they relate to You don't understand, this is something they relate to Nah, you don't understand, this is something they relate to Nah, you don't understand, this is something they relate to

We are the only thing that you need I can tell you're nervous Hold it down and just breathe We are the only thing that you need I can tell you're nervous Hold it down and just breathe

We are the only thing that you need I can tell you're nervous
Hold it down and just breathe
We are the only thing that you need
I can tell you're nervous
Hold it down and just breathe

We are the only thing that you need I can tell you're nervous Hold it down and just breathe We are the only thing that you need I can tell you're nervous Hold it down and just breathe

Just relax, breathe
I can tell you're nervous
'Cause you don't understand, this is something they relate to
You don't understand, this is something they relate to
Nah, you don't understand, this is something they relate to
Nah, you don't understand, this is something they relate to

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