You can watch what you eat
The company you keep
Mind the way you speak with
People that you meet
They wait there in the darkness
Pulling us apart, but
You could feed the spark that silences us

They've fallen
We'll wind our way down
And you'll find your saviour
And relive my failure now
Leave us reminded

Just remember to breathe
Before you find a new reason to fight me
Don't let it take up your time
It could get lonely
Just you and me only
But don't let it cloud up your mind

They've fallen
We'll wind our way down
We'll make ourselves proud
You've turned yourself 'round now
Give it some time

It's the face you saw The one you knew before It's right there with you It's asking you for meaning Just a phase of doubt That you can learn to live without Though intuition is telling you to leave It always seems Their worst opinions, you let yourself believe But things are changing now We never wanted to find ourselves around here We wanted to retreat When the phase of doubt Is never-ending, you learn to work around it You'll stumble underneath It's quite the feat To be out there with you both, helplessly defeated Though it seems This indecision has turned to self-belief

For the sake of the moment, they let go For the sake of the moment, we let go