Laugh and cry
Live and die
Life is a dream we're dreaming

Day by day
I find my way
Look for the soul and the meaning

Then you look at me
And I always see
What I have been searching for
I'm lost as can be
Then you look at me
And I am not lost anymore

People run
Sun to sun
Caught in their lives ever flowing
Once begun
Life goes till it's gone
We have to go where it's going

And you say you see
When you look at me
The reason you love life so
Though lost I have been
I'll find love again
And life just keeps on running
And life just keeps on running
You look at me and life comes from you. From you.