Shiny silver Jubilee
When I destroy what I receive
it's good to see you smiling
And the lack of sympathy
it's good to know the reason
The reasons

I destroy myself
I know I know I know
I deny myself
I know I know I know
I destroy myself
I know I know I know
I want to receive

What's the reason, what's the use When I don't want to look like you It's good to sea you smiling and the lack of sympathy It's one of many reasons Reasons

I destroy myself
I know I know I know
I deny myself
I know I know I know
I destroy myself
I know I know I know
Easy to believe

Grow my hair
Long and strange
I'll be a walking mountain range

It's good to see you smiling
And the lack of sympathy

'Cos now I know the reasons The reasons I destroy myself