

Today

Cat Burns

Today, I woke up feeling different
Today, all of the pain's gone missing
Notice the sun's been shining
Just didn't realise it
I'm not the same
Something has changed

Today, I see my work was worth it
In the name of healing all my hurting
They said, "This too shall pass."
That time would unbreak my heart
And, now, I'm awake
'Cause something has changed

Today, today, today, today, today
Today, today, today, today, today

Today, I thought of what I have not what I do not
Love is all around me
I'm not my thoughts
Flow through me
Embrace what's coming to me
I'm not the same
Thank God I've changed

Today, today, today, today, today
Today, today, today, today, today
Today, today, today, today, today
Today, today, today, today, today